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| **Reining in Anxiety Pilot Study at Fieldstone Farm:**  **Data Collection Instruments and Data Collection Timepoints** | | | | | | | |
| **Construct** | **Questionnaire/Measure** | **Subject** | **Data Collection Method/Administrator** | **Time Point**  **T1 T2** | | | |
| 1. Child/Caregiver Characteristics | Sociodemographic Questionnaire | Child/  Caregiver | Caregiver report | X | | |  |
| 2. Child Anxiety | SCARED | Child | Caregiver report | X | | | X |
| 3. Saliva Biomarkers (Oxytocin, Alpha-amylase, cortisol) | Saliva | Child | Saliva Collection/ Researcher | Before and after sessions 1, 4, 7, and 10 | | | |
| 4. Emotional Regulation | CSMS Anxiety | Child | Child Report/ Researcher | X | | | X |
| 5. Emotional Regulation | Modified ERC | Child | Caregiver report | X | | | X |
| 6. Emotional Self-Efficacy | SEQ-C | Child | Caregiver report | X | | | X |
| 7. Knowledge about anxiety | Knowledge measure | Child | Child Report/ Researcher | X | | | X |
| 8. Traumatic Stress | ACE-Q | Child | Caregiver self-report | X | | |  |
| 9. Child attachment to the horse | Modified Center for the Study of Animal Wellness Scale | Child | Child report/Researcher | After sessions 1, 4, 7, and 10 | | | |
| 10. Attendance | Attendance form | Child | Researcher | After each session | | | |
| 11. Instructor and Volunteer Sociodemographic Characteristics | Sociodemographic Questionnaire | Instructor, Volunteer | Instructor/volunteer report | X | | |  |
| 12. Saliva Biomarkers | Saliva | Volunteer | Saliva collection/Researcher | Before and after sessions 1, 4, 7, and 10 | | | |
| 13. Service use, riding history | Fieldstone Intake Form | Child | Caregiver Report/  Intake form | X |  | | |
| 14. Fidelity | Fidelity measure | Instructor | Fidelity checklist/Researcher | During all sessions | | | |
| 15. Caregiver Satisfaction | Caregiver satisfaction questionnaire | Caregiver | Caregiver self-report |  | | X | |
| 16. Instructor Satisfaction | Instructor Satisfaction Questionnaire | Instructor | Instructor self-report |  | | X | |
| T1=Baseline (prior to session 1)  T2=Posttest (after session 10) | | | | | | | |